

## Our Beer

The brewery and taproom are located at the back of the beer garden. Come and see where the magic happens

# HARBWR

— TAP & KITCHEN —

## Gift Shop

We have a range of our bottles, gift packs, merch, plus some select local rums & gins available to take home. Find it down the lane.

## ..... Small Plates .....

<b>Soup of the Day</b> .....	<b>8.50</b>	<b>Salt &amp; Pepper Squid</b> .....	<b>8.50</b>
Freshly prepared soup / warm crusty bread (v)		Lightly coated squid / Aioli	
<b>Bread &amp; Olives (ve)</b> .....	<b>8.00</b>	<b>Breaded Brie (v)</b> .....	<b>8.00</b>
Rustic bread / olives / oil / balsamic		Panko breaded Brie / Red onion marmalade	
<b>Halloumi Fries (v)</b> .....	<b>8.00</b>	<b>Whitebait</b> .....	<b>8.50</b>
Deep fried halloumi / Hot honey		Crispy coated fish / homemade tartar sauce	
<b>Tempura Battered Prawns</b> .....	<b>8.50</b>	<b>Southern Fried Chicken Tenders</b> .....	<b>8.50</b>
Light battered tail on prawns / sweet chili sauce		Crispy fried chicken / BBQ sauce	

## ..... Steaks & Grill .....

<b>10oz Local Welsh Sirloin</b> , prime local butcher's beef with seasoned rustic chips, salad garnish & coleslaw (gf)	<b>28.50</b>
<b>12oz Local Pork Loin</b> , succulent local butcher's pork with cowboy butter, seasoned rustic chips, salad garnish & coleslaw (gf)	<b>23.50</b>
<b>Minted Lamb Steak</b> , marinated Welsh lamb with seasoned rustic chips, salad garnish & coleslaw	<b>23.50</b>
<b>10oz Pembrokeshire Gammon</b> , horse-shoe gammon steak with garden peas, pineapple & seasoned rustic chips (gf)	<b>18.50</b>
<b>Grilled Chicken</b> , Choice of mild Cajun, garlic & herb or simply grilled with salad garnish & coleslaw, chips (gfa)	<b>18.00</b>
<b>Beer Braised BBQ Pork Ribs</b> , half or whole rack, served with salad garnish, rustic chips & coleslaw	<b>19.00 / 25.00</b>
<b>Chicken &amp; Rib Combo</b> , Cajun chicken breast, half rack ribs, salad garnish, seasoned rustic chips & coleslaw	<b>26.00</b>

## Sides...

Peppercorn Sauce 4.00 / Side Salad 4.00 / Onion Rings 4.00 / Coleslaw 3.00  
Garlic Bread 5.00 Cheesy / Garlic Bread 6.00 / Mac & Cheese 5.50

## ... Classics ...

<b>HARBWR Fish Pie (gf)</b>	<b>23.00</b>
Fresh chunks of mixed cuts, prawns in a creamy sauce, Topped with cheesy mash, with steamed greens.	
<b>Tenby Fish Taco</b>	<b>17.00</b>
Battered fish / soft shell tacos x 2 / leaf / slaw / sauce / Boom!	
<b>HARBWR Beer Battered Cod</b>	<b>17.50</b>
Finest Atlantic cod fillet / rustic chips / peas / tartar sauce	
<b>Breaded Wholetail Scampi</b>	<b>17.00</b>
Finest scampi / chips / salad garnish / coleslaw / tartar sauce	
<b>Welsh Steak &amp; HARBWR Ale Pie</b>	<b>17.00</b>
Homemade pie / puff pastry / rustic chips / peas	
<b>Chilli Con Carne (gf)</b>	<b>17.00</b>
Homemade beef chilli with rice, salad & tortilla chips	
<b>HARBWR Chicken Curry (gfa)</b>	<b>17.50</b>
Homemade tomato & coconut based / rice / flatbread / chutney	
<b>Penang Vegetable Curry (ve) (gfa)</b>	<b>17.00</b>
Aromatic coconut based curry / rice / flatbread / chutney	
<b>Three Bean Smokey Chilli (ve) (gf)</b>	<b>17.00</b>
Wild grain rice / salad garnish / tortilla corn chips	

## ... Burgers ...

All served in a toasted bun  
with seasoned rustic chips

<b>The HARBWR Signature Burger</b>	<b>17.50</b>
Double stacked 100g steak burger with cheeses, gherkins and house sauce. Ooosh!	
<b>Grilled Chicken Burger</b>	<b>18.00</b>
Choice of mild Cajun / Garlic & Herb / Simply Grilled	
<b>Mushroom &amp; Beetroot Burger</b>	<b>17.00</b>
Delicious vegetarian patty with gourmet relish.	
<b>Cod Burger</b>	<b>17.50</b>
Beer battered cod with tartar sauce.	

**Pimp your burger with:** Cheese 1.00 / Bacon 1.00

## Breakfast

Served Everyday from 9.30am

## Main Menu

Mon – Sat 12.00pm to 9pm / Sunday 12 – 8.30pm

## Fresh Fish

All our freshly caught fish is served with buttered Pembrokeshire new potatoes & seasonal vegetables.

See our specials or ask a server for what catches are available today

PLEASE LET US KNOW IF YOU HAVE ANY ALLERGIES OR DIETRY REQUIREMENTS BEFORE ORDERING YOUR MEAL  
(GF) – GLUTEN FREE FRIENDLY – (GFA) – GLUTEN FREE FRIENDLY OPTION AVAILABLE – (V) – VEGETARIAN FRIENDLY – (VE) – VEGAN FRIENDLY – (VEA) VEGAN VERSION AVAILABLE  
ALTHOUGH WE STRIVE TO KEEP OUR FRIERS SEPARATE FOR (GF) WE CANNOT GUARANTEE 100% TRACE FREE OF GLUTEN ON ITEMS COOKED IN OUR FRIERS.  
WE USE RAPESEED OIL IN OUR FRIERS.

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# Light Bites

## ... Sandwiches ...

Available 12 - 5pm.

All served on white rustic bread

Ham and or Cheddar	8.00
Tuna Mayo / Cucumber	8.50
Local Sausage / Red Onion Chutney	8.50
Cod Goujons / Leaf / Tartar	9.50
Prawns / Leaf / Marie Rose	10.00
Steak, Onion Chutney & Mustard Mayo	12.50

## ... Salads ...

<b>Ploughman's Lunch</b>	<b>15.50</b>
Mature Welsh cheddar or ham, or both, house salad, pickles & rustic bread.	
<b>Prawn Salad</b>	<b>16.50</b>
Juicy Atlantic prawns served with Marie Rose sauce, house salad & rustic bread	
<b>Lebanese Falafel Flatbread (ve)</b>	<b>15.00</b>
Falafels, flatbread, salad, yummy vegan Middle Eastern sauce	

## Children's Menu

<b>Sausages</b> , choice of copper hogg, local butchers pork sausages or vegetable sausages. Served with chips	<b>7.00</b>
<b>Fish &amp; Chips</b> , fresh beer battered cod served with chips	<b>8.50</b>
<b>Chicken Nuggets</b> , battered nuggets of chicken breast served with chips	<b>7.00</b>
<b>Pizza</b> , margherita sourdough pizza wrap served with chips (v)	<b>7.00</b>
<b>Beef Burger</b> , local butchers beef burger, Monterey Jack cheese, served in a toasted bun with chips	<b>8.00</b>
<b>Mac &amp; Cheese</b> , creamy mac & cheese served with garlic bread (v)	<b>7.50</b>
<b>Sizzler Steak</b> , 4oz Sirloin thin sizzler steak served with chips.	<b>11.00</b>

Add Peas or Beans for 50p

## ... Sides ...

Peppercorn Sauce	4.00
Mac & Cheese (v)	5.50
Onion Rings (v)	4.00
Rustic Chips (v)	4.00
Cheesy Rustic Chips (v)	4.50
Garlic Bread (v)	5.00
Cheesy Garlic Bread (v)	6.00
Rustic Bread & Butter (v)	3.00
Side Salad (ve) (gf)	4.00
Coleslaw (v) (gf)	3.00
Butter & Herb New Potatoes (v) (gf)	4.00
Buttered Vegetables (v) (gf)	4.00

## Sharing is Caring...

Bread & Olives	8.00
Halloumi Fries	8.00
Salt & Pepper Squid	8.50
Whitebait	8.50
Southern Fried Chicken Tenders	8.50

## Desserts

Sticky Toffee Pudding	6.50
Warm Chocolate Fudge Cake	6.50
Cheesecake of the Day	6.50

All served with a choice of Ice-cream, custard or cream

## ... Hot Drinks ...

Lovingly made from our barista machine

Tea	English Breakfast, Earl Grey, Peppermint, Green	3.00
Hot Chocolate	make it posh 50p	4.00
Espresso		2.00 / 3.60
Americano	With or without milk	3.60
Latte		3.80
Cappuccino		3.80
Flat White		3.80
Add a syrup shot for 50p – Vanilla, Hazelnut or Caramel		
Milk substitutes available 50p		
Barti Rum Hot Chocolate		7.00
Liquor Coffee		7.00
Whiskey, Brandy, Tia Maria, Malibu, Merlyn Cream		

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