

Our Beer

The brewery and taproom are located at the back of the beer garden. Come and see where the magic happens

HARBWR

— TAP & KITCHEN —

Gift Shop

We have a range of our bottles, gift packs, merch, plus some select local rums & gins available to take home. Find it down the lane.

..... Small Plates

Halloumi Fries (v) 8.00

Deep fried halloumi / Hot honey

Tempura Battered Prawns 8.50

Served with sweet chili sauce

Salt & Pepper Squid 8.50

Lightly coated squid / Aioli

Southern Fried Chicken Tenders 8.50

Crispy fried chicken / BBQ sauce

..... Steaks & Grill

10oz Local Welsh Sirloin, prime beef with seasoned rustic chips, flat mushroom, frilled tomato & salad garnish (gfa) 28.50

Minted Lamb Steak, marinated Welsh lamb with seasoned rustic chips, salad garnish & coleslaw 23.50

10oz Pembrokeshire Gammon, with garden peas, pineapple rings & seasoned rustic chips (gf) 18.00

Grilled Chicken, Choice of mild Cajun, garlic & herb (gf) or simply grilled (gf) with salad garnish, coleslaw & rustic chips 18.00

Sides...

Peppercorn Sauce 4.00 / Mac & Cheese 5.50 / Onion Rings 4.00 / Coleslaw 3.00
Garlic Bread 5.00 / Cheesy Garlic Bread 6.00 / Side Salad 4.00

... Classics ...

HARBWR Fish Pie 22.50

Fresh chunks of mixed cuts, prawns in a creamy sauce,
Topped with cheesy mash, with salad garnish & rustic bread

Tenby Fish Taco 16.50

Crispy fish / soft shell tacos x 2 / leaf / slaw / sauce / Boom!

HARBWR Beer Battered Cod 17.00

Finest Atlantic cod fillet / rustic chips / peas / tartar sauce

Breaded Wholetail Scampi 16.50

Finest scampi / chips / salad garnish / coleslaw / tartar sauce

Welsh Steak & HARBWR Ale Pie 16.50

Homemade pie / puff pastry / rustic chips / peas

HARBWR Chicken Curry (gfa) 17.50

Homemade tomato & coconut based / rice / flatbread / chutney

Penang Vegetable Curry (ve) (gfa) 16.00

Aromatic coconut based curry / rice / flatbread / chutney

Three Bean Smokey Chilli (ve) (gf) 16.00

Wild grain rice / salad garnish / tortilla corn chips

... Burgers ...

All served in a toasted bun
with seasoned rustic chips

The HARBWR Signature Burger 17.00

Double stacked 100g steak burger with cheeses, gherkins
and house sauce. Ooosh!

Grilled Chicken Burger 17.50

Choice of mild Cajun / Garlic & Herb / Simply Grilled

Mushroom & Beetroot Burger 16.00

Delicious vegetarian patty with gourmet relish.

Crispy Fish Burger 17.50

Breaded catch of the day with tartar sauce

Pimp your burger with: Cheese 1.00 / Bacon 1.00

Live Music

Every Friday & Saturday Night This Summer
From 9pm - Late

Fresh Fish

All our freshly caught fish is served with buttered Pembrokeshire new
potatoes & seasonal vegetables.

See our specials or ask a server for what
catches are available today

PLEASE LET US KNOW IF YOU HAVE ANY ALLERGIES OR DIETRY REQUIREMENTS BEFORE ORDERING YOUR MEAL.
(GF) – GLUTEN FREE FRIENDLY – (GFA) – GLUTEN FREE FRIENDLY OPTION AVAILABLE – (V) – VEGETARIAN FRIENDLY – (VE) – VEGAN FRIENDLY – (VEA) VEGAN VERSION AVAILABLE
ALTHOUGH WE STRIVE TO KEEP OUR FRIERS SEPARATE FOR (GF) WE CANNOT GUARANTEE 100% TRACE FREE OF GLUTEN ON ITEMS COOKED IN OUR FRIERS.
WE USE RAPESEED OIL IN OUR FRIERS.

Our Beer

The brewery and taproom are located at the back of the beer garden. Come and see where the magic happens

HARBWR

— TAP & KITCHEN —

Gift Shop

We have a range of our bottles, gift packs, merch, plus some select local rums & gins available to take home. Find it down the lane.

Light Bites

... Sandwiches ...

Available 12 - 5pm.

All served on white rustic bread

Ham and or Cheddar	8.00
Tuna Mayo & Cucumber	8.50
Local Sausage & Red Onion Chutney	8.50
Homemade Cod Fingers & Tartar	9.50
Prawns with Marie Rose	10.00

... Salads ...

Ploughman's Lunch	15.50
Mature Welsh cheddar or ham, or both, house salad, pickles & rustic bread.	
Prawn Salad	16.50
Juicy Atlantic prawns served with Marie Rose sauce, house salad & rustic bread	
Labanese Falafel Flatbread (ve)	15.00
Falafels, flatbread, salad, yummy vegan Middle Eastern sauce	

Children's Menu

Sausages , choice of copper hogg, local butchers pork sausages or vegetable sausages. Served with chips	6.50
Fish & Chips , fresh beer battered cod served with chips	8.50
Chicken Nuggets , battered nuggets of chicken breast served with chips	6.50
Pizza , margherita sourdough pizza wrap served with chips (v)	6.50
Beef Burger , local butchers beef burger served in a toasted brioche bun with chips	7.00
Pasta , creamy mac & cheese served with garlic bread (v)	7.00

Add Peas or Beans for 50p

... Sides ...

Peppercorn Sauce	4.00
Mac & Cheese (v)	5.50
Onion Rings (v)	4.00
Rustic Chips (v)	4.00
Cheesy Rustic Chips (v)	4.50
Garlic Bread (v)	5.00
Cheesy Garlic Bread (v)	6.00
Rustic Bread & Butter (v)	3.00
Side Salad (ve) (gf)	4.00
Coleslaw (v) (gf)	3.00
Butter & Herb New Potatoes (v) (gf)	4.00
Buttered Vegetables (v) (gf)	4.00

Sharing is Caring...

Halloumi Fries	8.00
Salt & Pepper Squid	8.50
Southern Fried Chicken Tenders	8.50
Tempura Battered Prawns	8.50

Desserts

Sticky Toffee Pudding	6.50
Warm Chocolate Fudge Cake	6.50
Cheesecake of the Day	6.50

All served with a choice of Ice-cream, custard or cream

... Hot Drinks ...

Lovingly made from our barista machine

Tea	English Breakfast, Earl Grey, Peppermint, Green	3.00
Hot Chocolate	make it posh 50p	4.00
Espresso		2.00 / 3.60
Americano	With or without milk	3.60
Latte		3.80
Cappuccino		3.80
Flat White		3.80
Add a syrup shot for 50p – Vanilla, Hazelnut or Caramel		
Milk substitutes available 50p		
Barti Rum Hot Chocolate		7.00
Liquor Coffee		7.00
Whiskey, Brandy, Tia Maria, Malibu, Merlyn Cream		

PLEASE LET US KNOW IF YOU HAVE ANY ALLERGIES OR DIETRY REQUIREMENTS BEFORE ORDERING YOUR MEAL.

(GF) – GLUTEN FREE FRIENDLY – (GFA) – GLUTEN FREE FRIENDLY OPTION AVAILABLE – (V) – VEGETARIAN FRIENDLY – (VE) – VEGAN FRIENDLY – (VEA) VEGAN VERSION AVAILABLE

ALTHOUGH WE STRIVE TO KEEP OUR FRIERS SEPARATE FOR (GF) WE CANNOT GARANTEE 100% TRACE FREE OF GLUTEN ON ITEMS COOKED IN OUR FRIERS.

WE USE RAPESEED OIL IN OUR FRIERS.