

Our Beer

The brewery and taproom are located at the back of the beer garden. Come and see where the magic happens

HARBWR

— TAP & KITCHEN —

Gift Shop

We have a range of our bottles, gift packs, merch, plus some select local rums & gins available to take home. Find it down the lane.

..... Sunday Small Plates

Bread & Olives (ve)	7.00
<i>Rustic bread, olives with oil & balsamic</i>	
Halloumi Fries (v)	8.00
<i>Deep fried halloumi with sweet chilli mayo</i>	
Tempura Battered Prawns	8.00
<i>Served with sweet chilli sauce</i>	
Salt & Pepper Squid	8.00
<i>Lightly coated squid with sweet chilli mayo</i>	

Soup of the Day	7.50
<i>Served with warm crusty bread (v)</i>	
Breaded Brie (v)	7.50
<i>Panko breaded Brie with cranberry sauce</i>	
Whitebait	8.00
<i>Served with homemade tartar sauce</i>	
Southern Fried Chicken Tenders	8.50
<i>Crispy fried chicken served with BBQ sauce</i>	

..... Sunday Lunch

All served with Yorkshire pudding, roasted potatoes, seasonal veg & gravy

Roasted Rump Cap , local succulent and tender beef (gfa)	17.50
Slow Roast Shoulder of Pork , local pork lovingly slow roasted until tender (gfa)	17.50
Roast Chicken Breast , lovingly slow roasted and succulent chicken breast (gfa)	17.00
Roasted Celleriatic , in a vegan mushroom gravy (ve)	16.00
Children's Roast , children's size option of any of the above.	9.00

Sides...

Rustic Chips 4.00 / Cheesy Chips £5.00 / Side Salad 4.00 / Coleslaw 3.00
Garlic Bread 5.00 / Cheesy Garlic Bread 6.00 / Mac & Cheese 5.50

... Classics ...

HARBWR Fish Pie	21.00
<i>Fresh chunks of mixed cuts, prawns in a creamy sauce, Topped with cheesy mash, with salad garnish & rustic bread</i>	
Tenby Fish Taco	17.00
<i>Breaded catch of the day, chips, flatbread, salad garnish</i>	
HARBWR Beer Battered Cod	17.00
<i>Finest Atlantic cod fillet with chips, peas, tartar sauce</i>	
Breaded Wholetail Scampi	16.50
<i>Finest whole scampi with chips, peas, tartar sauce</i>	
Welsh Steak & HARBWR Ale Pie	16.50
<i>Homemade pie with puff pastry, chips, peas</i>	
Chilli Con Carne (gf)	16.50
<i>Homemade beef chilli with rice, salad & tortilla chips</i>	
Penang Vegetable Curry (ve) (gfa)	16.00
<i>Aromatic coconut based curry with rice & flatbread</i>	
Three Bean Smokey Chilli (ve) (gf)	16.00
<i>With rice, salad & tortilla corn chips</i>	

Breakfast

Mon - Sat 9.30am to 11.30am / Sun 9.30 - 11am

Main Menu From Midday

Everyday 12.00pm to 9pm.

... Fresh Fish ...

Sea Bass	23.00
<i>Freshly caught fish is served with buttered Pembrokeshire new potatoes, seasonal vegetables & seaweed butter</i>	
See our specials or ask a server for what other catches are available today	

... Our Beer ...

All our cask ale is lovingly brewed right here at the rear of HARBWR Tap & Kitchen.

... Our Gins ...

Our Dry & Summer Berry Gin are both lovingly made with our secret recipe & distilled HARBWR Ale

Please pop your head in and see where the magic happens. Our gift shop is situated opposite the brewery, a bottle or gift pack make a great prezzy.

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..... Sunday Light Bites

... Sandwiches ...

Available 12 - 5pm.

All served on white rustic bread

Ham and or Cheddar	7.50
Tuna Mayo & Cucumber	8.50
Local Sausage & Red Onion Chutney	8.50
Homemade Fish Finger & Tartar	9.50
Prawns with Marie Rose	10.00

... Salads ...

Ploughman's Lunch	14.00
<i>Mature Welsh cheddar or ham, or both, house salad, pickles & rustic bread.</i>	
Prawn Salad	16.00
<i>Juicy Atlantic prawns served with Marie Rose sauce, house salad & rustic bread</i>	
Labanese Falafel Flatbread (ve)	14.00
<i>Falafels, flatbread, salad, yummy vegan Middle Eastern sauce</i>	

Children's Menu

Roasts , see Sunday Lunch section for choices	9.00
Butcher's Sausages , copper hogg, local butchers pork sausages served with chips	6.50
Fish & Chips , fresh beer battered cod served with chips	7.50
Chicken Nuggets , battered nuggets of chicken breast, served with chips	6.50
Pasta , creamy mac & cheese served with garlic bread (v)	7.00
<i>Add Peas or beans for 50p</i>	

... Sides ...

Mac & Cheese (v)	5.50
Rustic Chips (v)	4.00
Cheesy Rustic Chips (v)	4.50
Garlic Bread (v)	5.00
Cheesy Garlic Bread (v)	6.00
Rustic Bread & Butter (v)	3.00
Side Salad (ve) (gf)	4.00
Coleslaw (v) (gf)	3.00
Butter & Herb New Potatoes (v) (gf)	4.00
Buttered Vegetables (v) (gf)	4.00

Sharing is Caring...

Bread & Olives	7.50
Halloumi Fries	8.00
Salt & Pepper Squid	8.00
Whitebait	8.00
Southern Fried Chicken Tenders	8.50

Desserts

Sticky Toffee Pudding	6.50
Warm Chocolate Fudge Cake	6.50
Cheesecake of the Day	6.50

All served with a choice of Ice-cream, custard or cream

... Hot Drinks ...

Lovingly made from our barista machine

Tea	<i>English Breakfast, Earl Grey, Peppermint, Green</i>	3.00
Hot Chocolate	<i>make it posh 50p</i>	4.00
Espresso		2.00 / 3.60
Americano	<i>With or without milk</i>	3.60
Latte		3.80
Cappuccino		3.80
Flat White		3.80
<i>Add a syrup shot for 50p – Vanilla, Hazelnut or Caramel</i>		
Barti Rum Hot Chocolate		7.00
Liquor Coffee		7.00

Whiskey, Brandy, Tia Maria, Malibu, Merlyn Cream

PLEASE LET US KNOW IF YOU HAVE ANY ALLERGIES OR DIETRY REQUIREMENTS BEFORE ORDERING YOUR MEAL.
 (GF) – GLUTEN FREE FRIENDLY – (GFA) – GLUTEN FREE FRIENDLY OPTION AVAILABLE – (V) – VEGETARIAN FRIENDLY – (VE) – VEGAN FRIENDLY – (VEA) VEGAN VERSION AVAILABLE
 ALTHOUGH WE STRIVE TO KEEP OUR FRIERS SEPARATE FOR (GF) WE CANNOT GARANTEE 100% TRACE FREE OF GLUTEN ON ITEMS COOKED IN OUR FRIERS.
 WE USE RAPESEED OIL IN OUR FRIERS.