

Our Beer

The brewery and taproom are located at the back of the beer garden. Come and see where the magic happens

HARBWR

— TAP & KITCHEN —

Gift Shop

We have a range of our bottles, gift packs, merch, plus some select local rums & gins available to take home. Find it down the lane.

..... Small Plates

Bread & Olives (ve)	7.50
<i>Rustic bread, olives with oil & balsamic</i>	
Halloumi Fries (v)	8.00
<i>Deep fried halloumi with sweet chilli mayo</i>	
Tempura Battered Prawns	8.00
<i>Served with sweet chili sauce</i>	
Salt & Pepper Squid	8.00
<i>Lightly coated squid with sweet chilli mayo</i>	

Soup of the Day	7.50
<i>Freshly made soup with rustic bread. Ask for today's choice</i>	
Breaded Brie (v)	7.50
<i>Panko breaded Brie with cranberry sauce</i>	
Whitebait	8.00
<i>Served with homemade tartar sauce</i>	
Southern Fried Chicken Tenders	8.50
<i>Crispy fried chicken served with BBQ sauce</i>	

..... Steaks & Grill

10oz Local Welsh Sirloin , prime beef from 'Copper Hogg' butchers with seasoned rustic chips, salad garnish & coleslaw (gfa)	27.50
Minted Lamb Steak , marinated Welsh lamb with seasoned rustic chips, salad garnish & coleslaw	22.50
10oz Pembrokeshire Gammon , with garden peas, free range egg, pineapple & seasoned rustic chips (gfa)	17.50
Grilled Chicken , with seasoned rustic chips, salad garnish & coleslaw – Choice of mild Cajun, garlic & herb or Simply Grilled (gfa)	17.50
Beer Braised BBQ Pork Ribs , slow cooked in HARBWR Ale, served with salad garnish, rustic chips & coleslaw	23.50
Chicken & Rib Combo , mild Cajun chicken breast, half rack ribs, salad garnish, seasoned rustic chips & coleslaw	24.50

Sides...

Peppercorn Sauce 3.00 / Side Salad 4.00 / Onion Rings 3.50 / Coleslaw 3.00
Garlic Bread 5.00 / Cheesy Garlic Bread 6.00 / Mac & Cheese 5.50

... Classics ...

HARBWR Fish Pie	21.00
<i>Fresh chunks of mixed cuts, prawns in a creamy sauce, topped with cheesy mash, with salad garnish & rustic bread</i>	
Tenby Fish Taco	17.00
<i>Breaded catch of the day, chips, flatbread, salad garnish</i>	
HARBWR Beer Battered Cod	17.00
<i>Finest Atlantic cod fillet with chips, peas, tartar sauce</i>	
Breaded Wholetail Scampi	16.50
<i>Finest whole scampi with chips, salad garnish, coleslaw, homemade tartar sauce</i>	
Welsh Steak & HARBWR Ale Pie	16.50
<i>Homemade pie with puff pastry, chips, peas</i>	
Chilli Con Carne (gf)	16.50
<i>Homemade beef chilli with sour cream, rice, salad & tortilla chips</i>	
Penang Vegetable Curry (ve) (gfa)	16.00
<i>Aromatic coconut based curry with rice & flatbread</i>	
Three Bean Smokey Chilli (ve) (gf)	16.00
<i>With rice, salad & tortilla corn chips</i>	

Breakfast

Mon - Sat 9.30am to 11.30am / Sun 9.30 - 11am

Main Menu

Mon - Sat 12.00pm to 9pm / Sunday 12 - 8.30pm

... Burgers ...

All served in a bun with seasoned rustic chips

The HARBWR Signature Burger	17.00
<i>Double stacked 100g steak burger with cheeses, gherkins and house sauce. Ooosh!</i>	
Grilled Chicken Burger	17.00
<i>Choice of mild Cajun / Garlic & Herb / Simply Grilled</i>	
Mushroom & Beetroot Burger	15.00
<i>Delicious vegetarian patty with gourmet relish.</i>	
Crispy Fish Burger	16.50
<i>Breaded catch of the day with tartar sauce</i>	
Pimp your burger with: Cheese 1.00 / Bacon 1.00	

Fresh Fish

All our freshly caught fish is served with buttered Pembrokeshire new potatoes & seasonal vegetables.

See our specials or ask a server for what catches are available today

Our Beer

The brewery and taproom are located at the back of the beer garden. Come and see where the magic happens

HARBWR

— TAP & KITCHEN —

Gift Shop

We have a range of our bottles, gift packs, merch, plus some select local rums & gins available to take home. Find it down the lane.

Light Bites

... Sandwiches ...

Available 12 - 5pm.

All served on white rustic bread

Ham and or Cheddar	7.50
Tuna Mayo & Cucumber	8.50
Local Sausage & Red Onion Chutney	8.50
Homemade Fish Finger & Tartar	9.50
Prawns with Marie Rose	10.00
Steak, Onions & Mustard Mayo	12.50

... Salads ...

Ploughman's Lunch	14.00
<i>Mature Welsh cheddar or ham, or both, house salad, pickles & rustic bread.</i>	
Prawn Salad	16.00
<i>Juicy Atlantic prawns served with Marie Rose sauce, house salad & rustic bread</i>	
Labanese Falafel Flatbread (ve)	14.00
<i>Falafels, flatbread, salad, yummy vegan Middle Eastern sauce</i>	

Children's Menu

Sausages , copper hogg, local butchers pork sausages served with chips	6.50
Fish , fresh beer battered cod served with chips	7.50
Chicken , battered nuggets of chicken breast, served with chips	6.50
Pizza , margherita sourdough pizza wrap served with chips (v)	6.50
<i>Add Peas or beans for 50p</i>	
Beef Burger , 100g steak burger from copper hogg butchers, served a soft brioche bun with chips	7.00
Pasta , creamy mac & cheese served with garlic bread (v)	7.00

... Sides ...

Peppercorn Sauce	3.00
Mac & Cheese (v)	5.50
Onion Rings (v)	3.50
Rustic Chips (v)	4.00
Cheesy Rustic Chips (v)	4.50
Garlic Bread (v)	5.00
Cheesy Garlic Bread (v)	6.00
Rustic Bread & Butter (v)	3.00
Side Salad (ve) (gf)	4.00
Coleslaw (v) (gf)	3.00
Butter & Herb New Potatoes (v) (gf)	4.00
Buttered Vegetables (v) (gf)	4.00

Sharing is Caring...

Bread & Olives	7.50
Halloumi Fries	8.00
Salt & Pepper Squid	8.00
Whitebait	8.00
Southern Fried Chicken Tenders	8.50

Desserts

Sticky Toffee Pudding	6.50
Warm Chocolate Fudge Cake	6.50
Cheesecake of the Day	6.50

All served with a choice of Ice-cream, custard or cream

... Hot Drinks ...

Lovingly made from our barista machine

Tea	<i>English Breakfast, Earl Grey, Peppermint, Green</i>	3.00
Hot Chocolate	<i>make it posh 50p</i>	4.00
Espresso		2.00 / 3.60
Americano	<i>With or without milk</i>	3.60
Latte		3.80
Cappuccino		3.80
Flat White		3.80
<i>Add a syrup shot for 50p – Vanilla, Hazelnut or Caramel Milk substitutes available 50p</i>		
Barti Rum Hot Chocolate		7.00
Liquor Coffee		7.00
<i>Whiskey, Brandy, Tia Maria, Malibu, Merlyn Cream</i>		

PLEASE LET US KNOW IF YOU HAVE ANY ALLERGIES OR DIETRY REQUIREMENTS BEFORE ORDERING YOUR MEAL.
 (GF) – GLUTEN FREE FRIENDLY – (GFA) – GLUTEN FREE FRIENDLY OPTION AVAILABLE – (V) – VEGETARIAN FRIENDLY – (VE) – VEGAN FRIENDLY – (VEA) VEGAN VERSION AVAILABLE
 ALTHOUGH WE STRIVE TO KEEP OUR FRIERS SEPARATE FOR (GF) WE CANNOT GARANTEE 100% TRACE FREE OF GLUTEN ON ITEMS COOKED IN OUR FRIERS.
 WE USE RAPESEED OIL IN OUR FRIERS.