

## Our Beer

The brewery and taproom are located at the back of the beer garden. Come and see where the magic happens

# HARBWR

— TAP & KITCHEN —

## Gift Shop

We have a range of our bottles, gift packs, merch, plus some select local rums & gins available to take home. Find it down the lane.

## ..... Sharers .....

<b>Bread &amp; Olives (ve)</b> .....	<b>7.00</b>
<i>Rustic bread, olives with oil &amp; balsamic</i>	
<b>Halloumi Fries (v)</b> .....	<b>8.00</b>
<i>Deep fried halloumi with Pembrokeshire chili jam</i>	
<b>Tempura Battered Prawns</b> .....	<b>8.00</b>
<i>Served with sweet chili sauce</i>	
<b>Salt &amp; Pepper Squid</b> .....	<b>8.00</b>
<i>Lightly coated squid with sweet chilli mayo</i>	

<b>Garlic Prawns</b> .....	<b>10.00</b>
<i>Served with warm crusty bread (v)</i>	
<b>Breaded Brie (v)</b> .....	<b>7.50</b>
<i>Panko breaded Brie with cranberry sauce</i>	
<b>Whitebait</b> .....	<b>8.00</b>
<i>Served with homemade tartar sauce</i>	
<b>Southern Fried Chicken Tenders</b> .....	<b>8.50</b>
<i>Crispy fried chicken served with BBQ sauce</i>	

## ..... Steaks & Grill .....

<b>10oz Local Welsh Sirloin</b> , prime beef from 'Copper Hogg' butchers with seasoned rustic chips & dressed salad (gfa)	<b>27.00</b>
<b>Peppered Pork Loins</b> , with seasoned rustic chips & salad garnish	<b>17.50</b>
<b>10oz Pembrokeshire Gammon</b> , with garden peas, free range egg, pineapple & seasoned rustic chips (gfa)	<b>17.50</b>
<b>Grilled Chicken</b> , with seasoned rustic chips, salad garnish & coleslaw – Choice of mild Cajun / garlic & herb or Simply Grilled (gfa)	<b>17.00</b>
<b>Beer Braised BBQ Pork Ribs</b> , slow cooked in HARBWR Ale, served with salad garnish, rustic chips & coleslaw	<b>23.00</b>
<b>Chicken &amp; Rib Combo</b> , mild Cajun chicken breast, half rack ribs, salad garnish, seasoned rustic chips & coleslaw	<b>24.00</b>

## Sides...

Peppercorn Sauce 3.00 / Side Salad 3.50 / Onion Rings 3.50 / Coleslaw 3.00  
Garlic Bread 4.50 Cheesy Garlic Bread 5.50 / Mac & Cheese 5.00

## ... Classics ...

<b>HARBWR Fish Pie</b>	<b>20.00</b>
<i>Fresh chunks of mixed cuts, prawns in a creamy sauce, topped with cheesy mash, with salad garnish &amp; rustic bread</i>	
<b>Tenby Fish Taco</b>	<b>16.50</b>
<i>Breaded catch of the day, chips, flatbread, salad garnish</i>	
<b>HARBWR Beer Battered Cod</b>	<b>17.00</b>
<i>Finest Atlantic cod fillet with chips, peas, tartar sauce</i>	
<b>Breaded Wholetail Scampi</b>	<b>16.00</b>
<i>Finest whole scampi with chips, peas, tartar sauce</i>	
<b>Welsh Steak &amp; HARBWR Ale Pie</b>	<b>16.00</b>
<i>Homemade pie with puff pastry, chips, peas</i>	
<b>Chilli Con Carne (gf)</b>	<b>16.00</b>
<i>Homemade beef chilli with rice, salad &amp; tortilla chips</i>	
<b>Penang Vegetable Curry (ve) (gfa)</b>	<b>15.50</b>
<i>Aromatic coconut based curry with rice &amp; flatbread</i>	
<b>Three Bean Smokey Chilli (ve) (gf)</b>	<b>15.50</b>
<i>With rice, salad &amp; tortilla corn chips</i>	

## ... Burgers ...

All served in a bun with seasoned rustic chips

<b>The HARBWR Signature Burger</b>	<b>16.50</b>
<i>Double stacked 100g steak burger with cheeses, gherkins and house sauce. Ooosh!</i>	
<b>Grilled Chicken Burger</b>	<b>17.00</b>
<i>Choice of mild Cajun / Garlic &amp; Herb / Simply Grilled</i>	
<b>Mushroom &amp; Beetroot Burger</b>	<b>15.00</b>
<i>Delicious vegetarian patty with gourmet relish.</i>	
<b>Crispy Fish Burger</b>	<b>16.50</b>
<i>Breaded catch of the day with tartar sauce</i>	
<b>HARBWR Dog</b>	<b>16.00</b>
<i>Unique local spiced lamb sausages with 'Trawlers Dread' caramelized onion chutney, sauces &amp; salad garnish.</i>	
<b>Pimp your burger with:</b> Cheese 1.00 / Bacon 1.00	

## Breakfast

Served 9.30am to 11.30am Everyday

## Main Menu From Midday

Everyday 12.00pm to 9pm.

## Fresh Fish

All our freshly caught fish is served with buttered Pembrokeshire new potatoes & seasonal vegetables.

See our specials or ask a server for what catches are available today

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# Light Bites

## ... Sandwiches ...

Available 12 - 5pm.

All served on white rustic bread

<b>Ham and or Cheddar</b>	<b>7.50</b>
<b>Tuna Mayo &amp; Cucumber</b>	<b>8.50</b>
<b>Local Sausage &amp; Red Onion Chutney</b>	<b>8.50</b>
<b>Homemade Fish Finger &amp; Tartar</b>	<b>9.50</b>
<b>Prawns with Marie Rose</b>	<b>10.00</b>
<b>Steak, Onions &amp; Mustard Mayo</b>	<b>12.50</b>

## ... Salads ...

<b>Ploughman's Lunch</b>	<b>13.50</b>
Mature Welsh cheddar or ham, or both, house salad, pickles & rustic bread.	
<b>Prawn Salad</b>	<b>15.50</b>
Juicy Atlantic prawns served with Marie Rose sauce, house salad & rustic bread	
<b>Labanese Falafel Flatbread (ve)</b>	<b>14.00</b>
Falafels, flatbread, salad, yummy vegan Middle Eastern sauce	

## Children's Menu

<b>Sausages</b> , copper hogg, local butchers pork sausages served with chips	<b>6.50</b>
<b>Fish</b> , fresh beer battered cod served with chips	<b>7.50</b>
<b>Chicken</b> , battered nuggets of chicken breast, served with chips	<b>6.50</b>
<b>Pizza</b> , margherita sourdough pizza wrap served with chips	<b>6.50</b>
<i>Add Peas or beans for 50p</i>	
<b>Beef Burger</b> , 100g steak burger from copper hogg butchers, served a soft brioche bun with chips	<b>7.00</b>
<b>Pasta</b> , creamy mac & cheese served with garlic bread (v)	<b>7.00</b>
<b>3 Bean Smokey Chilli</b> , mildly spiced with rice & tortilla chips (ve) (gf)	<b>7.00</b>

## ... Sides ...

<b>Peppercorn Sauce</b>	<b>3.00</b>
<b>Mac &amp; Cheese (v)</b>	<b>5.00</b>
<b>Onion Rings (v)</b>	<b>3.50</b>
<b>Rustic Chips (v)</b>	<b>4.00</b>
<b>Cheesy Rustic Chips (v)</b>	<b>4.50</b>
<b>Garlic Bread (v)</b>	<b>4.50</b>
<b>Cheesy Garlic Bread (v)</b>	<b>5.50</b>
<b>Rustic Bread &amp; Butter (v)</b>	<b>2.50</b>
<b>Side Salad (ve) (gf)</b>	<b>3.50</b>
<b>Coleslaw (v) (gf)</b>	<b>3.00</b>
<b>Butter &amp; Herb New Potatoes (v) (gf)</b>	<b>3.00</b>
<b>Buttered Vegetables (v) (gf)</b>	<b>3.00</b>

## Sharing is Caring...

<b>Bread &amp; Olives</b>	<b>6.50</b>
<b>Halloumi Fries</b>	<b>7.50</b>
<b>Salt &amp; Pepper Squid</b>	<b>8.00</b>
<b>Whitebait</b>	<b>8.00</b>
<b>Southern Fried Chicken Tenders</b>	<b>8.00</b>

## Desserts

<b>Sticky Toffee Pudding</b>	<b>6.50</b>
<b>Warm Chocolate Fudge Cake</b>	<b>6.50</b>
<b>Cheesecake of the Day</b>	<b>6.50</b>

All served with a choice of Ice-cream, custard or cream

## ... Hot Drinks ...

Lovingly made from our barista machine

<b>Tea</b>	English Breakfast, Earl Grey, Peppermint, Green	<b>2.90</b>
<b>Hot Chocolate</b>	make it posh 50p	<b>3.80</b>
<b>Espresso</b>		<b>2.00 / 3.60</b>
<b>Americano</b>	With or without milk	<b>3.40</b>
<b>Latte</b>		<b>3.60</b>
<b>Cappuccino</b>		<b>3.60</b>
<b>Flat White</b>		<b>3.60</b>
<i>Add a syrup shot for 50p – Vanilla, Hazelnut or Caramel</i>		
<b>Barti Rum Hot Chocolate</b>		<b>7.00</b>
<b>Liquor Coffee</b>		<b>6.80</b>

Whiskey, Brandy, Tia Maria, Malibu, Merlyn Cream

PLEASE LET US KNOW IF YOU HAVE ANY ALLERGIES OR DIETRY REQUIREMENTS BEFORE ORDERING YOUR MEAL.  
 (GF) – GLUTEN FREE FRIENDLY – (GFA) – GLUTEN FREE FRIENDLY OPTION AVAILABLE – (V) – VEGETARIAN FRIENDLY – (VE) – VEGAN FRIENDLY – (VEA) VEGAN VERSION AVAILABLE  
 ALTHOUGH WE STRIVE TO KEEP OUR FRIERS SEPARATE FOR (GF) WE CANNOT GARANTEE 100% TRACE FREE OF GLUTEN ON ITEMS COOKED IN OUR FRIERS.  
 WE USE RAPESEED OIL IN OUR FRIERS.